

Reiki Level 1 Workshop



Are you ready to awaken your inner wisdom/guidance?

Are you looking for a sense of purpose or direction?

Do you want to learn a technique to heal yourself?

Reiki (Ray-key) is a simple technique that allows everyone to tap into an unlimited supply of life force energy to restore balance between the physical, emotional, spiritual and mental levels.

It is transferred to the student by a Reiki master and has been successfully taught to thousands of people of all ages and background.

Join **Christelle Ringuette**

Reiki Master, Holistic/intuitive Coach

Sunday 3/4/2012

11am to 4pm

Fee: \$100 (early bird special/before 2/20/2012)

\$125 (after 2/20/2012)

**Location: Family room acupuncture
980 Linda Mar Blvd. Pacifica**

Learn the history of Reiki

Learn the Reiki principles

Learn the hand positions to treat yourself

Receive the Level I attunement

Practice Reiki and heal yourself.

Receive a manual and certification upon completion of the class

Call Christelle Ringuette @650-302-0080 or visit website at www.serene-spirit.com

To reserve your space in the workshop